

Patient Name : Mr.A K CHAUDHARY
Age/Sex : 61.1 YRS/Male
Doctor : Dr. Anoop Misra
Mobile No. : 9910726668

UHID : MR/22/003179
App. Date : 31-Aug-2022
App. Type : Follow up Visit
Patient Type : (Type 2 DM)

Fortis UHID : 52403

Vital Sign:-

B/P : 148 / 81 mm/Hg
Height : 178 CM
Weight : 73.6 Kg
BMI : 23.2
WC : 85.00 CM
HC : 98.00 CM
Pulse : 72 p-m
Temperature 37 °C
F : 123.00
PB : 160.00
PL : 160.00
RBG : 162
Diet : 2
Exercise : 5km

Investigation Result

HbA1c (Glycated Haemoglobin): 7.1
Sodium, Serum: 136.93
Uric Acid, Serum: 5.80
Albumin: 4.23
Alkaline Phosphatase (ALP), Serum: 69.77
Urea, Blood: 19.02
Calcium, Serum: 9.30
Phosphorous: 2.92
Potassium, Serum: 4.16
Creatinine: 0.87
Blood Glucose Fasting: 123
Mean Plasma Glucose: 157

Drug/Vaccines	Status
Statin	y
ACE/ARB/SGLT2	-
Aspirin	y
Covid Vaccine	Booster
Pneumonia vaccine	
Flu vaccine	

Allergies/ADR	Not known
Primary Diagnosis	T2DM 2013. First visit 2018. BMI 23.2
Secondary Diagnosis	GR2FL
Significant Past/Family History	
Other	
Consultations/Status	

Microvasc	☒ retinopathy Nil (19)	☒ Neuropathy Mild (19), GTF 5 (22), 21, 26 mild-sev (22)	☒ Nephropathy No MAU (19)
Macrovasc	☒ Cardiovascular Mild conc LVH	☒ Cerebrovascular R25, L25 (19), R 20-25, R 25-30 (22)	☒ Peripheral vascular ABI n (19)

Rx

Sr	Name	Dose	Times	Dur.	Meal	Route	Adj Advice	Remarks
1	CETAPIN V	0.3/500	Break Fast, Dinner			Oral		
2	COVERSYL PLUS	1 tab	Break Fast	After		Oral		
3	ROSEDAY A	10/75MG	Dinner	After		Oral		
4	CALCIROL	60,000 IU	once a week for 8 weeks	After		Oral	then once/month	
5	NERVE UP	1 tab	Break Fast	After		Oral		

Investigation Advice

- MICROALBUMIN UREA →
- CAROTID DOPPLER
- Vibration perception testing (VPT)

Next Visit Date : 30-11-2022

Flux 3m
MAU, KFT, LFT,
Lipid + Sugar chart

Paid by m/s verified
by
24/01/22
C.A.K. Choudhary

Basal & essential treatment.

Prof. (Dr.) ANOOP MISRA
MBBS, MD, MAMS FIMS

Cert. Prof. (Dr.) ANOOP MISRA
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2016-2017 NCI-3142



Fortis C-DOC awarded the "Best Hospital in India in Diabetes Care"
at the Current Index of Medical Specialities Healthcare Excellence Awards 2014, 2015, 2016 & 2017

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Network Centres

- Fortis Fit. Lt. Rajan Dhall Hospital, B-1, Vasant Kunj, New Delhi-110070
- Fortis Memorial Research Institute, Sec-44 (Near Huda City Centre Metro Station), Gurgaon-122002



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