

Diabetes, Endocrinology & Allied Multi Specialities

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**Patient Name :** Mr.A K CHAUDHARY  
**Age/Sex :** 61.1 YRS/Male  
**Doctor :** Dr. Anoop Misra  
**Mobile No. :** 9910726668  
**UHID :** MR/22/003179  
**App. Date :** 31-Aug-2022  
**App. Type :** Follow up Visit  
**Patient Type :** (Type 2 DM)

**Fortis UHID :** 52403

**Vital Sign:-**

**B/P :** 148 /81 mm/Hg  
**Height :** 178 CM  
**Weight :** 73.6 Kg  
**BMI :** 23.2  
**WC :** 85.00 CM  
**HC :** 98.00 CM  
**Pulse :** 72 p-m  
**Temperature :** 37 °C  
**F :** 123.00  
**PB :** 160.00  
**PL :** 160.00  
**RBG :** 162  
**Diet :** 2  
**Exercise :** 5km

**Investigation Result**

HbA1c (Glycated Haemoglobin):7.1  
 Sodium, Serum:136.93  
 Uric Acid, Serum:5.80  
 Albumin:4.23  
 Alkaline Phosphatase (ALP), Serum:69.77  
 Urea, Blood:19.02  
 Calcium, Serum:9.30  
 Phosphorous:2.92  
 Potassium, Serum:4.16  
 Creatinine:0.87  
 Blood Glucose Fasting:123  
 Mean Plasma Glucose:157

Drug/Vaccines	Status
Statin	y
ACE/ARB/SGLT2	-
Aspirin	y
Covid Vaccine	Booster
Pneumonia vaccine	
Flu vaccine	

Allergies/ADR	Not known
Primary Diagnosis	T2DM 2013. First visit 2018. BMI 23.2
Secondary Diagnosis	GR2FL
Significant Past/Family History	
Other Consultations/Status	

Microvasc	<input checked="" type="checkbox"/> retinopathy Nil (19)	<input checked="" type="checkbox"/> Neuropathy Mild (19), GTF 5 (22), 21, 26 mild-sev (22)	<input checked="" type="checkbox"/> Nephropathy No MAU (19)
Macrovasc	<input checked="" type="checkbox"/> Cardiovascular Mild conc LVH	<input checked="" type="checkbox"/> Cerebrovascular R25, L25 (19), R 20-25, R 25-30 (22)	<input checked="" type="checkbox"/> Peripheral vascular ABI n (19)

**Rx**

Sr	Name	Dose	Times	Dur.	Meal	Route	Adj	Advice	Remarks
1	CETAPIN V	0.3/500	Break Fast, Dinner			Oral			
2	COVERSYL PLUS	1 tab	Break Fast		After	Oral			
3	ROSEDAY A	10/75MG	Dinner		After	Oral			
4	CALCIROL	60,000 IU	once a week for 8 weeks		After	Oral		then once/month	
5	NERVE UP	1 tab	Break Fast		After	Oral			

6. LIPLAC 600mg After Dinner X 6 months

**Investigation Advice**

- MICROALBUMIN UREA →
  - CAROTID DOPPLER
  - Vibration perception testing (VPT)
- Next Visit Date : 30-11-2022**

*Flux 3M*  
*MAU, KFT, LFT,*  
*Lipid + Sugar chart*  
*Paid by mrs verified*  
*by*  
*24/01/22*  
*C.A.K. Choudhary*

*Biolog & essential treatment.*

Prof. (Dr.) ANOOP MISRA  
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 Cert. Prof. (Dr.) ANOOP MISRA  
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 Executive Chairman  
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 Centre of Excellence For Diabetes  
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 NCI-3142



Fortis C-DOC awarded the "Best Hospital in India in Diabetes Care" at the Current Index of Medical Specialities Healthcare Excellence Awards 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022

or Appointment :- mobile 8130359222, Landline 01149101222, email appointment.cdoci@fortishealthcare.com  
 Read Office Escorte Heart Institute & Research Centre, Okhla Road, New Delhi-110025.  
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**Network Centres**

- Fortis Fit. Lt. Rajan Dhall Hospital, B-1, Vasant Kunj, New Delhi-110070
- Fortis Memorial Research Institute, Sec-44 (Near Huda City Centre Metro Station), Gurgaon-122002

